The Standard Reference for Medicinal and Aromatic Plant Cultivation

Manual of Medicinal and Aromatic Plant Cultivation Volume 1-5

The manual is intended as a work of guidance and reference for professionals, students and scientists in the fields of agriculture and gardening, medicine and pharmacy, nutritional sciences, cosmetics, natural products research, for employees of administrative bodies, advisers and laypeople with an interest in the subject.

The 5 volumes' 3,584 pages feature input from 156 renowned authors from 8 nations.

Published by:
Doz. h.c. Dr. rer. nat. Bernd Hoppe

Self-publisher:
Verein fuer Arznei- und Gewuerzpflanzen Saluplanta e.V. Bernburg,
Prof.-Oberdorf-Siedlung 16, D-06406 Bernburg, Germany

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www.saluplanta.de, link to manual → order form or saluplanta@t-online.de
Review of the Manual of Medicinal and Aromatic Plant Cultivation

The fact that the Textbook and Manual of Medicinal and Aromatic Plan Cultivation, which enjoys major international renown, by Prof. Erich Fuerchttegott Heeger (1907-1959), latterly Director of the Institute of Specialised Crops at the Karl Marx University of Leipzig, not only lives on in no fewer than five volumes, but has also been massively extended on an interdisciplinary basis, is of tremendous importance both from a scientific perspective and from a practical one. The initiator and publisher of the extended and updated new edition of the manual, Mr. Bernd Hoppe/Bernburg, has successfully brought on board 155 internationally renowned authors from 8 nations for the five volumes, and also contributed his own tremendous practical and scientific expertise. The series of books, published independently by the Verein fuer Arznei- und Gewuerzpflanzen SALUPLANTA e.V. Bernburg, covers every aspect of medicinal and aromatic plant cultivation.

In volume 1, unlike any other manual there is, there are chapters dealing with the most common plant substances, their effects and efficacy, as well as their toxicology, possible allergies and interactions, all written by authors with vast specialist and factual expertise. The cultivation, growing, variety testing and variety propagation of medicinal and aromatic plants are also discussed with equal professionalism. Last but not least, there are 48 pages dedicated to the possible uses of medicinal and aromatic plants for therapeutic and prophylactic applications, as well as for nutritional purposes.

In volume 2, the publisher has obtained contributions from highly respected specialists on both controlled integrated and controlled organic cultivation. The chapter on analytical quality control, along with the chapters on fresh plant pressed juices, steam distillation and CO₂ extraction, discussed with a level of detail found in no other textbook or manual, are complemented by four further chapters to make up the total of 768 pages in the second volume. Growers of medicinal and aromatic plants and pharmacists should own a copy of both volumes, especially if they are involved in the pharmaceutical industry, since they contain scientific principles along with a vast amount of practice-based, experiential knowledge.

Volume 3 sets out the possible diseases and damage that can affect medicinal and aromatic plants in great detail, described by highly respected experts and illustrated with pictures. Thanks to the authors' concise way of conveying their knowledge, a browse through this 416-page volume turns up a surprisingly long list of abiotic damage, parasitic plants, fungi, animal pests, bacteria including phytoplasmosas and viruses that can affect medicinal and aromatic plants. Volume 3 is a must-have for any medicinal and aromatic plant grower, especially since there is no other manual of this excellence available in German.

Alongside the in-depth and thorough explanations of all aspects of medicinal and aromatic plant cultivation in the first three volumes, volumes 4 and 5 continue the theme seamlessly, discussing the medicinal and aromatic plants of greatest medicinal, nutritional and economic importance as special monographs, thereby breathing new life into the out-of-print series of books entitled: "Handbuch der Drogenkunde" (Drugs Handbook) by F. Berger (1949-1967). The aim of the fourth and fifth volume is to provide important information on how plants are used and what
they contain, on botany, on climate and soil requirements, on positions in crop rotation, on varieties and origins, on cultivation and on how to work with medicinal and aromatic plants.

The "Manual of Medicinal and Aromatic Plant Cultivation" series, published independently by the Verein fuer Arznei- und Gewuerzpflanzen SALUPLANTA e.V. Bernburg as an extended and updated continuation of the work by "E. F. Heeger", is arguably the only one of its kind in the world, and the initiative by publisher Mr. Bernd Hoppe deserves first-class recognition. The results of scientific research, combined with practical experience, all condensed into this splendid series of books, are impossible to substitute with information from the Internet, no matter how good it may be. This series of books is an absolute "must" for all libraries in agricultural institutions (technical colleges and universities) and institutes of pharmaceutical biology.

Univ. Prof. Dr. Dr. h. c. mult. Heinz Schilcher
Immenstadt/Allgaeu

Volume 1: Principles of Medicinal and Aromatic Plant Cultivation I
800 pages, 43 authors, 165 colour photographs, 2 black&white photographs, 64 illustrations, 106 tables.
Published in 2009. ISBN 978-3-935971-54-6

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Contents:
The development, status and prospects of medicinal and aromatic plant cultivation

1. HEALTH-RELATED AND ECONOMIC ASPECTS
1.1 Classification, definitions, characteristics, differentiation and categorisation of medicinal and aromatic plants
1.1.1 Classification
1.1.2 Definitions and characteristics
1.1.2.1 Medicinal plants
1.1.2.2 Aromatic plants
1.1.2.3 Perfumed plants
1.1.2.4 Drugs
1.1.2.5 Herbs
1.1.3 Differentiation between medicinal and aromatic plants
1.1.4 Categorisation of medicinal and aromatic plants according to further criteria

1.2 Plant substances, their effect and their efficacy
1.2.1 Definitions and characterisation
1.2.1.1 Essential oils
1.2.1.2 Alkaloids
1.2.1.3 Anthocyanins and proanthocyanidins
1.2.1.4 Anthranoids and naphthodianthrones
1.2.1.5 Bitter substances
1.2.1.6 Cannabinoids
1.2.1.7 Coumarins
1.2.1.8 Flavonoids
1.2.1.9 Tannins
1.2.1.10 Glucosinolates and cyanogenic glycosides
1.2.1.11 Cardio-active glycosides
1.2.1.12 Lectins
1.2.1.13 Lipids
1.2.1.14 Phenolic acids and derivatives
1.2.1.15 Phytamines
1.2.1.16 Phytosterols
1.2.1.17 Saponins
1.2.1.18 Mucilage
1.2.2 Summary and synopsis

1.3 Toxicology of medicinal and aromatic plants
1.3.1 Essential facts in the toxicology of medicinal and aromatic plants
1.3.2 Monographs of medicinal and aromatic plants

1.4 Interactions of medicinal and aromatic plants with chemical-synthetic medicines
1.4.1 Pharmacodynamic drug interactions
1.4.2 Pharmacokinetic drug interactions

1.5 Allergies caused by medicinal and aromatic plants
1.5.1 Allergic reactions to medicinal and aromatic plants and their preparations
1.5.2 Allergy-triggering medicinal and aromatic plants

1.6 Possible uses of medicinal and aromatic plants
1.6.1 The medicines sector
1.6.1.1 Isolated pure substances
1.6.1.1.1 Definitions and characteristics
1.6.1.1.2 Medicinal plants used in Europe
1.6.1.1.2.1 *Aesculus hippocastanum* (Horse Chestnut): aescin
1.6.1.1.2.1.1 Plant and useful parts of the plant
1.6.1.1.2.1.2 Ingredients
1.6.1.1.2.1.3 Extraction of aescin
1.6.1.1.2.1.4 Pharmacology of aescin
1.6.1.1.2.1.5 Therapeutic use of aescin
1.6.1.1.2.2 *Atropa bella-donna* and *Datura stramonium* (Deadly Nightshade and Thorn Apple): hyoscyamine, atropine and scopolamine
1.6.1.1.2.2.1 Plant and useful parts of the plant
1.6.1.1.2.2.2 Ingredients
1.6.1.1.2.2.3 Extraction of tropane alkaloids
1.6.1.1.2.2.4 Pharmacology of tropane alkaloids
1.6.1.1.2.2.5 Therapeutic use of tropane alkaloids
1.6.1.2.3 *Cannabis sativa* (hemp): Δ⁹-tetrahydrocannabinol
1.6.1.2.3.1 Plant and useful parts of the plant
1.6.1.2.3.2 Ingredients
1.6.1.2.3.3 Extraction of Δ⁹-tetrahydrocannabinol
1.6.1.2.3.4 Pharmacology of Δ⁹-tetrahydrocannabinol
1.6.1.2.3.5 Therapeutic use of Δ⁹-tetrahydrocannabinol
1.6.1.2.3.6 Misuse of marijuana and hashish
1.6.1.2.4 *Claviceps purpurea* (ergot fungus): ergot alkaloids and their partially synthetic derivatives
1.6.1.2.4.1 Fungus and its development on plants
1.6.1.2.4.2 Ingredients and their extraction
1.6.1.2.4.3 Extraction of ergot alkaloids
1.6.1.2.4.4 Pharmacology of ergot alkaloids
1.6.1.2.4.5 Therapeutic use of ergot alkaloids
1.6.1.2.4.6 Misuse of lysergic acid diethylamide (LSD)
1.6.1.2.5 *Digitalis lanata* and *Digitalis purpurea* (Foxglove): digitoxin, digoxin and their partial synthetic derivatives
1.6.1.2.5.1 Plant and useful parts of the plant
1.6.1.2.5.2 Ingredients
1.6.1.2.5.3 Extracting cardio-active steroid glycosides
1.6.1.2.5.4 Pharmacology of cardio-active steroid glycosides
1.6.1.2.5.5 Therapeutic use of cardio-active steroids
1.6.1.2.6 *Papaver somniferum* (Opium Poppy): morphine and codeine
1.6.1.2.6.1 Plant and useful parts of the plant
1.6.1.2.6.2 Ingredients
1.6.1.2.6.3 Extracting opium, morphine and codeine
1.6.1.2.6.4 Pharmacology of morphine and codeine
1.6.1.2.6.5 Therapeutic use of morphine and codeine
1.6.1.2.6.6 Misuse of opium, morphine and heroin
1.6.1.2.7 *Silybum marianum* (Milk Thistle): silibinine and its partial synthetic derivative silibinine-C-2',3-dihydrogen succinate
1.6.1.2.7.1 Plant and useful parts of the plant
1.6.1.2.7.2 Ingredients
1.6.1.2.7.3 Extracting silibinine and silibinine-C-2',3-dihydrogen succinate
1.6.1.2.7.4 Pharmacology of silibinine
1.6.1.2.7.5 Therapeutic use of silibinine-C-2',3-dihydrogen succinate

1.6.1 Plant-based pharmaceutical products
1.6.1.1 Definition, extracts and extract preparations
1.6.1.2 Parameters and characterisation
1.6.1.3 Regulatory principles
1.6.1.3.1 European licensing system
1.6.1.3.2 Various evaluation scales
1.6.1.3.3 Harmonisation of evaluation criteria
1.6.1.3.4 Directive on traditional herbal medicinal products
1.6.1.3.5 HMPC Committee
1.6.1.3.6 Simplified registration process
1.6.1.3.7 Outlook for Europe
1.6.1.3.8 Sales channels and market significance
1.6.1.4 Areas of application
1.6.1.4.1 Nerves and sedation
1.6.1.4.2 Cold
1.6.1.4.3 Stomach and intestines
1.6.1.4.4 Liver and bile
1.6.1.4.5 Heart and circulation
1.6.1.4.6 Circulation and veins
1.6.1.2.4.7 Fat metabolism and atherosclerosis
1.6.1.2.4.8 Rheumatism and pain
1.6.1.2.4.9 Kidneys and the urinary tract
1.6.1.2.4.10 Prostate problems
1.6.1.2.4.11 Gynaecological conditions
1.6.1.2.4.12 Skin
1.6.1.2.4.13 General physical capacity

1.6.1.3 Homoeopathy
1.6.1.3.1 Definition and characterisation of homoeopathy
1.6.1.3.2 The three basic principles of homoeopathy
1.6.1.3.2.1 Drug testing
1.6.1.3.2.2 The simile principle
1.6.1.3.2.3 Potentialisation
1.6.1.3.3 Dosage forms and dosing
1.6.1.3.4 Homoeopathic treatment
1.6.1.3.5 Homoeopathic combination remedies
1.6.1.3.6 Medicinal and aromatic plants in homoeopathy

1.6.2 The aromatics sector
1.6.2.1 Definitions
1.6.2.2 Sensory effects
1.6.2.2.1 The role of the smell, taste and appearance of food
1.6.2.2.2 Physiology of the sense of smell
1.6.2.2.3 Physiology of the sense of taste
1.6.2.3 Pharmacology of aromatic drugs
1.6.2.3.1 Appetite-stimulating and digestion-aiding effect
1.6.2.3.2 Antibacterial effect
1.6.2.3.3 Carminative effect
1.6.2.3.4 Antioxidative, radical-catching effect
1.6.2.3.5 Anticarcinogen and anti-tumour effect
1.6.2.3.6 Hepatoprotective effect
1.6.2.3.7 Anti-hypercholesterolaemic and anti-arteriosclerotic effect
1.6.2.3.8 Oestrogenic effect
1.6.2.3.9 Other pharmacological effects
1.6.2.4 Conserving effect

1.6.3 Essential oils and extract oils in cosmetics, aromatherapy and in the food sector
1.6.3.1 How fragrances work
1.6.3.2 Definition and characteristics of essential oils and extract oils
1.6.3.2.1 Perfume compositions and cosmetics
1.6.3.2.2 Aromatherapy, physiotherapy and room fragrances
1.6.3.2.3 Flavourings of medical products, foods and drinks

1.6.4 Plant extracts in cosmetics and the food industry
1.6.4.1 Plant extracts in the cosmetics industry
1.6.4.2 Plant extracts in the food industry

1.6.5 Natural cosmetics
1.6.5.1 Definitions and legal framework conditions
1.6.5.2 Significance and use of plant-based raw materials
1.6.5.3 Quality requirements

1.6.6 Nutritional supplements, dietetic foods and functional foods
1.6.6.1 Aspects in nutritional science
1.6.6.2 Health policy and medical product legislation backgrounds
1.6.6.3 Legal aspects of the use of medicinal and aromatic plants in foods and the resulting requirements relating to natural sciences
1.6.6.3.1 Distinction from medicines
1.6.6.3.2 Food safety
1.6.6.3.3 Additives
1.6.6.3.4 Novel foods
1.6.6.3.5 Advertising
1.6.6.4 Special requirements on nutritional supplements, dietetic foods and functional foods
1.6.6.4.1 Nutritional supplements
1.6.6.4.2 Dietetic foods
1.6.6.4.2.1 General requirements on dietetic foods
1.6.6.4.2.2 Balanced diets
1.6.6.4.3 Functional foods
1.6.6.5 Practical aspects of using plant-based elements
1.6.6.5.1 Type and dose of plants used
1.6.6.5.2 Extracts and other preparations
1.6.7 Veterinary medicine and animal nutrition
1.6.7.1 Plant-based medicines in veterinary medicine
1.6.7.1.1 Regulatory principles
1.6.7.1.2 Areas of application for disease and symptoms
1.6.7.1.2.1 Digestive tract, liver and bile
1.6.7.1.2.2 Urogenital tract
1.6.7.1.2.3 Airways and respiratory organs
1.6.7.1.2.4 Cardiovascular system
1.6.7.1.2.5 Behavioural problems and nervousness
1.6.7.1.2.6 Musculoskeletal system
1.6.7.1.2.7 Skin and ears
1.6.7.1.3 Particular features and differences
1.6.7.1.3.1 Particular features specific to veterinary medicine
1.6.7.1.3.2 Animal species-specific differences
1.6.7.2 Phytogenic feed additives in animal nutrition
1.6.7.2.1 Legal principles
1.6.7.2.2 Use of plant-based feed additives
1.6.7.2.2.1 Improvements in feed properties and feed intake
1.6.7.2.2.2 Promotion of growth and strength
1.6.7.2.2.3 Influence on the function of the gastrointestinal tract
1.6.7.2.2.4 Antibacterial and antioxidative activity
1.6.7.2.2.5 Effects on nitrogen excretion and methane gas production in ruminants
1.6.7.3 Other applications in animal husbandry and veterinary medicine
1.6.8 Industrial raw materials for household products, pesticides and preservatives, dyes, textile manufacturing
1.6.8.1 Selected topical examples of use
1.6.8.1.1 Rhubarb
1.6.8.1.2 Evening primrose
1.6.8.1.3 Dye plants
1.6.8.2 Selected prospective opportunities for use
1.6.8.2.1 Use as pesticides
1.6.8.2.2 Use as preservatives
1.7 Market opportunities for medicinal and aromatic plants
1.7.1 Market summary of plant-based raw materials
1.7.1.1 Plant-based pharmaceutical products
1.7.1.1.1 Plant-based pharmaceutical products worldwide
1.7.1.1.2 Plant-based pharmaceutical products in Europe
1.7.1.1.3 Plant-based pharmaceutical products in Germany
1.7.1.2 Spices
1.7.1.3 Essential oils
1.7.1.4 Functional foods
1.7.1.5 Cosmetics
1.7.1.6 Other potential areas of use for medicinal and aromatic plants
1.7.2 Medicinal and aromatic plants from organic cultivation
1.7.3 TCM drugs

1.8 Analysis of medicinal and aromatic plant production from a business management perspective
1.8.1 Cost-effectiveness calculations
1.8.2 Calculation documents

2. CULTIVATION, GROWING, VARIETY TESTING AND VARIETY PROPAGATION
2.1 Cultivation
2.1.1 Development of cultivated plants
2.1.1.1 Development of cultivated plants as a permanent process
2.1.1.2 Development of cultivated plants through competition for location
2.1.1.3 Development of cultivated plants through cultivation
2.1.1.4 Influence of "migrations" on the diversity of species
2.1.2 Differences between wild and cultivated plants
2.1.2.1 Revenue potential as well as content quality and composition
2.1.2.2 Growth habit
2.1.2.3 Increasing the number of organs used
2.1.2.4 Morphological / anatomical quality
2.1.2.5 Loss of mechanical defences
2.1.2.6 Changes to or loss of natural dispersion mechanisms
2.1.2.7 Changes in sexuality and gender ratios
2.1.2.8 Changes in physiological behaviour
2.1.2.9 Diversity
2.1.3 Influence of humans
2.1.3.1 Changes to habitats
2.1.3.2 Cultivation and selection
2.1.3.3 Semi cultivation/controlled wild collection
2.1.3.4 Domestication in a historically short period of time
2.1.3.5 Comprehensive agricultural and gardening culture
2.1.3.6 Landraces
2.1.3.7 Scheduled selection and hybridisation
2.1.4 Requirements and reasons for cultivation
2.1.4.1 Reasons for cultivation
2.1.4.2 Disadvantages of wild collections
2.1.4.3 Advantages of cultivated drugs
2.1.4.4 Disadvantages of cultivation
2.1.4.5 Requirements for cultivation
2.1.4.6 Further examples and results of cultivation

2.2 Medicinal and aromatic plant breeding
2.2.1 Breeding objectives and examples of breeding objectives
2.2.2 Breeding methods
2.2.2.1 Utilising natural variability
2.2.2.2 Creating new variability
2.2.2.2.1 Combination breeding: simple hybridisation
2.2.2.2.2 Hybrid variety breeding
2.2.2.2.3 Breeding of synthetic varieties
2.2.2.2.4 Induced mutation
2.2.2.2.5 Somaclonal variation
2.2.2.2.6 Gene transfer
2.2.2.3 Selection
2.2.2.3.1 Positive and negative mass selection
2.2.2.3.2 Recurrent selection
2.2.2.3.3 Individual selection with progeny testing
2.2.2.3.4 Selection breeding in apomicts
2.2.2.3.5 Clone breeding
2.2.2.4 Maintenance breeding
2.2.3 Methods for improving selection progression
2.2.3.1 Accelerating generation sequences
2.2.3.2 Early selection
2.2.3.3 Cloning high-performance plants in vitro
2.2.3.4 Double haploids
2.2.3.5 Rational methods of characteristic evaluation for breeding
2.2.3.5.1 Markers
2.2.3.5.2 Content testing
2.2.3.5.2.1 Requirements
2.2.3.5.2.2 Near infra-red spectroscopy
2.2.3.5.3 ELISA
2.2.3.5.4 Computer-assisted image analysis
2.2.3.5.5 Colour determination with the spectrometer
2.2.3.5.6 Evaluation of pharmacological effects with bioassays

2.3 Variety testing and summary of varieties of medicinal and aromatic plants
2.3.1 Variety protection
2.3.2 Variety registration
2.3.3 Protected varieties of medicinal and aromatic plants in Germany and the EU
2.3.4 Patent protection
2.3.5 Landraces and origins of medicinal and aromatic plants
2.3.6 Other described varieties and origins outside German and European variety protection

2.4 Seed and seedling production of medicinal and aromatic plants
2.4.1 Seed extraction
2.4.1.1 Cultivation and fertilisation
2.4.1.2 Pests and plant protection
2.4.1.3 Preparation
2.4.1.4 Germination capacity and dormancy
2.4.1.5 Storage
2.4.2 Production of young plants
2.4.2.1 Phytosanitary aspects of young plant production
2.4.2.1.1 Soil and substrate decontamination; compost production, storage and use
2.4.2.1.2 Disinfection measures
2.4.2.1.3 Use and preparation of irrigation water
2.4.2.1.4 Measures for obtaining flawless seedlings
2.4.2.1.5 General measures for operational quarantine and hygiene
2.4.2.2 Growing of young plants
2.4.2.3 Obtaining cuttings
2.4.2.4 In vitro propagation
2.4.3 Stolon production

2.5 Medicinal and aromatic plant stocks in the Gatersleben gene bank
2.5.1 Tasks and development of the Gatersleben gene bank
2.5.2 Medicinal and aromatic plants in the Gatersleben gene bank
2.5.2.1 Storage and preservation of material
2.5.2.2 Characterisation of gene bank accessions
2.5.2.3 Taxonomic determination
2.5.2.4 Scientific processing
2.5.3 Origins of the medicinal and aromatic plants in the Gatersleben gene bank
2.5.4 Total stock of medicinal and aromatic plants in the Gatersleben gene bank

Volume 2: Principles of Medicinal and Aromatic Plant Cultivation II
768 pages, 56 authors, 140 colour photographs, 269 illustrations, 236 tables.
Published in 2010. ISBN 978-3-935971-55-3

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Contents:
3. CONTROLLED, INTEGRATED CULTIVATION
3.1 Characteristics of controlled, integrated production
3.1.1 Controlled, integrated cultivation in Germany
3.1.2 Sites of controlled, integrated cultivation
3.1.3 Cultivated species of medicinal and aromatic plant
3.2 Production conditions
3.2.1 Location requirements
3.2.1.1 Soil requirements
3.2.1.2 Climate requirements
3.2.2 Crop rotation
3.2.2.1 Integration of crop rotation
3.2.2.2 Previous crops
3.2.2.3 Crop rotations and phytosanitary safety
3.2.2.4 Subsequent crops
3.2.2.5 Crop rotation planning
3.2.3 Fertilisation
3.2.3.1 Procedure for determining the need for fertilisation
3.2.3.2 Organic fertilisation
3.2.3.3 Lime-based fertiliser
3.2.3.4 Basic fertilisation (phosphorus, potassium, magnesium)
3.2.3.5 Nitrogenous fertilisation
3.2.3.6 Sulfuric fertilisation
3.2.3.7 Micronutrient fertilisation

3.2.4 Soil cultivation and fertilisation
3.2.4.1 Autumn ploughing
3.2.4.2 Basic fertilisation
3.2.4.3 Spring cultivation
3.2.4.4 Starter fertilisation

3.2.5 Seeds and seedlings
3.2.5.1 Cultivation stages and certification
3.2.5.2 Interior and exterior properties
3.2.5.3 Pathogens affecting seeds and seedlings
3.2.5.4 Handling seeds and seedlings
3.2.5.5 Seedling pre-treatment

3.2.6 Sowing and planting
3.2.6.1 Sowing
3.2.6.1.1 Seed bed preparation
3.2.6.1.2 Sowing time
3.2.6.1.3 Embedding of seeds
3.2.6.1.4 Storage of seeds
3.2.6.1.5 Drilling machinery
3.2.6.1.6 Overhead irrigation
3.2.6.2 Planting
3.2.6.2.1 Growing of young plants
3.2.6.2.2 Types of young plant
3.2.6.2.3 Handling young plants before planting
3.2.6.2.4 Plant bed preparation
3.2.6.2.5 Planting distances
3.2.6.2.6 Embedding of seedlings
3.2.6.2.7 Planting machinery
3.2.6.2.8 Overhead irrigation
3.2.6.3 Advantages and disadvantages of sowing and planting

3.2.7 Overhead irrigation
3.2.7.1 Factors of water requirements and water availability
3.2.7.2 Overhead irrigation intervals
3.2.7.3 Parameters for planning additional water requirements
3.2.7.4 Determining the current soil moisture
3.2.7.5 Choosing the time and height of overhead irrigation
3.2.7.6 Overhead irrigation techniques
3.2.7.7 Overhead irrigation water quality
3.2.7.8 Controlling overhead irrigation
3.2.7.8.1 Conventional overhead irrigation control
3.2.7.8.2 Sensor and computer-assisted overhead irrigation
3.2.7.9 Effects of overhead irrigation on medicinal and aromatic plants
3.2.7.10 Cost-effectiveness of overhead irrigation

3.2.8 Weed control
3.2.8.1 Preventative weed control
3.2.8.1.1 Crop rotation
3.2.8.1.2 Variety selection and seed quality
3.2.8.1.3 Optimum stock management
3.2.8.2 Mechanical measures for weed control
3.2.8.2.1 Soil cultivation
3.2.8.2.2 Mechanical care
3.2.8.2.3 Mulching
3.2.8.2.4 Manual weed removal
3.2.8.3 Thermal care
3.2.8.4 Herbicide effect of calcium cyanamide
3.2.8.5 Chemical weed control
3.2.8.5.1 Sequences of mechanical and chemical weed control measures
3.2.8.5.2 Effects of chemical weed control in medicinal and aromatic plant cultivation
3.2.8.6 Optimisation options to boost the effectiveness of herb control measures
3.2.8.6.1 Automatic digital recording of crop and weed stocks
3.2.8.6.2 Combination of hoeing machinery in the intra and inter-row area

3.2.9 Plant protection and hygiene requirements on cultivation areas
3.2.9.1 Preventative plant protection measures
3.2.9.1.1 Choosing locations and crop types
3.2.9.1.2 Phytosanitary effect of crop rotation
3.2.9.1.3 Requirements-based fertilisation
3.2.9.1.4 Proper soil cultivation and timely stock tending
3.2.9.1.5 Use of healthy seeds and seedlings as well as resistant varieties
3.2.9.1.6 Integrated weed control
3.2.9.2 Plant protection measures
3.2.9.2.1 Chemical plant protection
3.2.9.2.1.1 Seed treatment
3.2.9.2.1.2 Use of herbicides
3.2.9.2.1.3 Use of fungicides
3.2.9.2.1.4 Use of insecticides
3.2.9.2.2 Organic plant protection on open land
3.2.9.2.2.1 Encouraging useful organisms with fringe structures
3.2.9.2.2.2 Raised stands for birds of prey and owls
3.2.9.3 Hygiene requirements of cultivation areas

3.2.10 Harvest
3.2.10.1 Principles for harvesting medicinal and aromatic plants
3.2.10.2 Ideal harvesting times for medicinal and aromatic plants
3.2.10.3 Technical processes and harvesting technology
3.2.10.3.1 Harvesting herbs
3.2.10.3.2 Harvesting flowers
3.2.10.3.3 Harvesting grains
3.2.10.3.4 Harvesting roots
3.2.10.3.5 Harvesting fruit

4. CONTROLLED ORGANIC CULTIVATION
4.1 Characteristics of organic cultivation
4.1.1 Sites of organic cultivation
4.1.2 Cultivated medicinal and aromatic plants
4.2 Specific production conditions
4.2.1 Seeds and seedlings
4.2.2 Fertilisation
4.2.3 Weed control
4.2.4 Plant protection
4.2.4.1 Use of organic and other plant protection agents made from natural ingredients
4.2.4.2 Use of plant boosters
5. POST-HARVEST PROCESSES, PRESERVATION, PROCESSING AND STORAGE

5.1 Post-harvest processes
5.1.1 Post-harvest behaviour of certain medicinal and aromatic plants
5.1.2 Ideal design of post-harvest handling

5.2 Preparation before drying
5.2.1 Cutting fresh plants and preparation steps
5.2.2 Washing medicinal and aromatic plants

5.3 Preserving medicinal and aromatic plants
5.3.1 Technical drying
5.3.1.1 Principles of drying
5.3.1.2 Drying behaviour
5.3.1.3 Drying models
5.3.1.4 Quality changes during drying
5.3.1.5 Flow technology properties
5.3.1.6 Drying methods
5.3.1.6.1 Flat drying
5.3.1.6.2 Tray drying
5.3.1.6.3 Belt drying
5.3.1.6.4 Drum drying
5.3.1.6.5 Glide shaft and feed-and-turn drying
5.3.1.7 Problems with drying and possible solutions
5.3.1.8 Potential savings through optimised operation
5.3.1.9 Using renewable sources of energy
5.3.1.10 Operating safety and risk of fire
5.3.1.11 Measurement and control technology
5.3.1.12 Specialised drying methods
5.3.1.12.1 Microwave drying
5.3.1.12.2 Infra-red drying
5.3.1.12.3 Drying parameters for selected medicinal and aromatic plants
5.3.2 Water vapour distillation
5.3.2.1 Principles of water vapour distillation
5.3.2.2 Changes to the composition of contents during water vapour distillation
5.3.2.3 Water vapour distillation in agricultural practice
5.3.3 Freeze-drying
5.3.3.1 Principles of freeze-drying
5.3.3.2 Process sequence for freeze-drying and dryer types
5.3.3.3 Quality of freeze-dried goods
5.3.4 Fresh plant pressed juice
5.3.4.1 Classification of fresh plant pressed juices
5.3.4.2 Range of uses of fresh plant pressed juices
5.3.4.3 Production methods for fresh plant pressed juices
5.3.4.4 Phytochemical composition of fresh plant pressed juices
5.3.5 Fresh plant extraction
5.3.5.1 Advantages of fresh plant extraction
5.3.5.2 Fresh plant dried extracts from fresh artichoke leaves
5.3.5.3 Fresh plant fluid extracts
5.3.5.4 Homoeopathic fresh plant mother tinctures
5.3.5.5 Oil macerates made from fresh plants
5.3.6 Enfleurage method

5.4 Processing medicinal and aromatic drugs
5.4.1 Mechanical and pneumatic methods
5.4.1.1 Individual process steps
5.4.1.2 Processing equipment for medicinal and aromatic drugs
5.4.1.2.1 Cutting equipment
5.4.1.2.2 Rubbing equipment

5.4.2 Extraction methods
5.4.2.1 Extraction with liquid extractants
5.4.2.1.1 Principles and definitions
5.4.2.1.2 Classification of plant ingredients
5.4.2.1.3 Extraction processes
5.4.2.1.4 Extraction methods
5.4.2.1.5 Extraction agents
5.4.2.1.6 General influencing factors for the extraction of drugs
5.4.2.1.7 Evaporation
5.4.2.1.8 Sterilising treatment of extracts
5.4.2.1.9 Drying of extracts
5.4.2.1.10 Cleaning of extracts (refined extracts / special extracts)

5.4.2.2 CO₂ extraction
5.4.2.2.1 CO₂ as a solvent
5.4.2.2.2 Procedural principle and the solvent cycle
5.4.2.2.3 Comparison with competitor methods
5.4.2.2.4 Business management considerations
5.4.2.2.5 Selected examples

5.4.2.3 Hot steam fluidised bed extraction
5.4.2.3.1 Procedural principle of the hot steam fluidised bed extraction of essential oils
5.4.2.3.2 Advantages of the hot steam fluidised bed extraction method

5.5 Storage of raw and finished drugs
5.5.1 Operational physiological processes
5.5.2 Storage conditions
5.5.3 Cost-effective storage period
5.5.4 Storage pests and their control

6. APPLIED QUALITY ASSURANCE
6.1 Quality assurance systems
6.1.1 Quality concept
6.1.2 Quality management
6.1.3 Auditing and certification
6.1.4 Preparing for inspections
6.1.5 Standards and directives
6.1.5.1 Obligatory standards
6.1.5.2 Certifiable standards with particular management requirements
6.1.5.3 Certifiable standards without particular management requirements
6.1.5.4 Directives without certification options

6.2 Quality requirements on medicinal and aromatic plants
6.2.1 Medicinal plants
6.2.1.1 Checks for particular types of contamination
6.2.1.1.1 Pesticide residues
6.2.1.1.2 Aflatoxins
6.2.1.1.3 Heavy metals
6.2.1.1.4 Microbiological purity
6.2.1.5 Ethylene oxide
6.2.1.6 Radioactivity
6.2.2 Aromatic plants
6.2.2.1 Chemical and physical parameters
6.2.2.2 Microbiological guideline and warning values
6.2.2.3 Pesticide residues
6.2.2.4 Heavy metal content
6.2.3 Evaluating the authenticity of essential oils

6.3 Implementing quality assurance systems in primary production
6.3.1 Risk management (HACCP)
6.3.1.1 The HACCP concept
6.3.1.2 The principles of HACCP
6.3.1.3 Implementing HACCP

6.3.2 Checklists for controlled, integrated production
6.3.2.1 Operating structure, management, organisation and operating equipment
6.3.2.2 Personnel
6.3.2.3 Quality management
6.3.2.4 Hygiene management
6.3.2.5 Customer specification, cultivation instructions, swipe card and plot allocation
6.3.2.6 Seeds and seedlings
6.3.2.7 Stock establishment and stock maintenance
6.3.2.7.1 Plant protection
6.3.2.7.2 Fertilisation
6.3.2.8 Harvest and transport
6.3.2.9 Post-harvest processes in general
6.3.2.10 Fresh plant preparation
6.3.2.11 Drying
6.3.2.12 Packaging and storage
6.3.2.13 Labelling and traceability

6.3.3 Checklists for controlled, organic production compliant with the EC Regulation on Organic Agriculture
6.3.3.1 Operating data and management
6.3.3.2 Collaboration with other companies
6.3.3.3 Cultivation planning
6.3.3.4 Seeds and seedlings
6.3.3.5 Care measures
6.3.3.6 Harvest and transport
6.3.3.7 Processing and storage
6.3.3.8 Marketing

6.4 Corrective measures in the event of quality shortfalls of medicinal and aromatic drugs
6.4.1 Separation of third-party elements and contamination
6.4.1.1 Winnowing
6.4.1.2 Sieving
6.4.1.3 Eliminating
6.4.2 Pest control measures
6.4.2.1 Disinsectisation with compressed gas
6.4.2.2 Treatment with phosphine
6.4.2.3 Treatment with microwaves
6.4.2.4 Use of deep-frozen liquid air
6.4.2.5 Use of nitrogen
6.4.3 Bacterial reduction and sterilisation methods
6.4.3.1 Steam sterilisation methods
6.4.3.2 Ultra-short high heat treatment in the context of extract production
6.4.3.3 Use of ionising radiation
6.4.4 Reduction of pesticide residues
6.4.4.1 Removal with lipophilic solvents
6.4.4.2 Removal through extraction
6.4.5 Reduction of heavy metals
6.4.6 Reduction of aflatoxin content
6.4.7 Achievement of the required contents of effectiveness-determining ingredients
6.4.7.1 Homogenisation
6.4.7.2 Disproportionation

6.5 Appendix
6.5.1 Codex Alimentarius
6.5.2 GAP – Good Agricultural Practice for medicinal and aromatic plants

7. ANALYSIS
7.1 Sampling
7.1.1 Sampling schedules
7.1.2 Taking the sample
7.1.3 Creating samples for testing
7.1.4 Creating reference samples

7.2 Identity checks
7.2.1 Macroscopy and microscopy
7.2.2 Chemical reactions
7.2.3 Thin layer chromatography
7.2.4 DNA-based detection methods

7.3 Purity tests
7.3.1 Testing for third-party elements
7.3.2 Ashes
7.3.3 Water content

7.4 Testing for contaminants
7.4.1 Pesticides and insecticides
7.4.2 Heavy metals
7.4.3 Microbiological contamination
7.4.4 Mycotoxins
7.4.5 Radio-nuclides
7.4.6 Radiation products
7.4.7 Polycyclical aromatic hydrocarbons
7.4.8 Dioxins and dioxin-like polychlorinated biphenyls
7.4.9 Nitrate and nitrite

7.5 General properties
7.5.1 Extractable substances
7.5.2 Swelling index
7.5.3 Bitter value
7.5.4 Essential oils
7.5.5 Technological properties

7.6 Content determination methods
7.6.1 Photometry
7.6.2 Gas chromatography
7.6.3 Liquid chromatography
7.6.4 Mass spectrometry
7.6.5 Oscillation spectroscopy
7.7 Development of analytical methods
7.7.1 Methods development
7.7.1.1 Selection of markers
7.7.1.2 Sample preparation
7.7.2 Methods validation
7.7.2.1 Correctness of methods
7.7.2.2 Method precision
7.7.2.3 Specificity
7.7.2.4 Linearity and linear range
7.7.3 Reference substances
7.7.3.1 Characterisation of primary standards
7.7.3.2 Characterisation of secondary standards
7.7.3.3 Primary and secondary standards in practice
7.7.3.4 Reference extracts
7.7.3.5 Characterisation of CRS reference extracts
7.7.3.6 Future challenges for the Pharmacopoea Europaea and the US Pharmacopeia
7.7.3.7 Reference substances in research

7.8 Biopharmaceutical characterisation of phytopharmaceuticals
7.8.1 Significance of biopharmaceutical characterisation
7.8.2 The Biopharmaceutics Classification System (BCS)
7.8.3 Biowaiver
7.8.4 Applicability of BCS and Biowaiver for phytopharmaceuticals
7.8.5 Case examples

7.9 Stability test
7.9.1 Short-term stress stability
7.9.2 Long-term stress stability
7.9.3 In-use stability

7.10 Geographical proof of origin for drugs

8. PROCUREMENT AND MARKETING
8.1 Procurement strategies for plant-based raw materials
8.1.1 Procurement strategies
8.1.1.1 Contracted cultivation
8.1.1.2 Exclusive cultivation
8.1.1.3 Factory cultivation
8.1.1.4 Wild collection
8.1.2 Production methods
8.1.2.1 Controlled integrated cultivation
8.1.2.2 Controlled organic cultivation

8.2 Marketing
8.2.1 Market situation
8.2.2 Marketing according to production methods
8.2.2.1 Controlled integrated production
8.2.2.2 Controlled organic production
8.2.3 Alternative marketing channels
8.2.3.1 Agricultural direct marketing
8.2.3.2 Factory sales
8.2.3.3 Distance sales

8.3 Marketing
Volume 3: Diseases and Damage That Can Affect Medicinal and Aromatic Plants

416 pages, 9 authors, 75 colour charts. Published in 2007. ISBN 978-3-935971-34-8

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Colour charts: Graphic artist Horst Thiele, Aschersleben

Contents:
3.1 Determination tables of diseases and damage that can affect medicinal and aromatic plants

Elecampane (*Inula helenium* L.)
Angelica (*Angelica archangelica* L.)
Aniseed (*Pimpinella anisum* L.)
Arnica (*Arnica foliosa* L., *A. montana* L.)
Valerian (*Valeriana officinalis* L.)
Sweet Basil (*Ocimum basilicum* L.)
Mugwort (*Artemisia vulgaris* L.)
Blessed thistle (*Cnicus benedictus* L.)
Fenugreek (*Trigonella foenum-graecum* L.), Blue Fenugreek (*Trigonella caerulea* [L.] Ser.), Yellow Melilot (*Melilotus officinalis* [L.] Lam. em. Thuill.)
Summar Savory (*Satureja hortensis* L., *S. montana* L.)
Borage (*Borago officinalis* L.)
Dill (*Anethum graveolens* L.)
Oreganum (*Origanum vulgare* L.)
Moldavian Balm (*Dracocephalum moldavica* L.)
Marsh Mallow (*Althaea officinalis* L.), French Hollyhock (*Malva sylvestris* L.), Black Hollyhock (*Althaea rosea* var. *nigra* Hort.)
Gentian (*Gentiana lutea* L.)
Tarragon (*Artemisia dracunculus* L.)
Fennel (*Foeniculum vulgare* L.)
Foxglove (*Digitalis purpurea* L.), Grecian Foxglove (*Digitalis lanata* Ehrh.)
St. John's Wort (*Hypericum perforatum* L.)
German Chamomile (*Matricaria recutita* L.), Chamomile (*Chamaemelum nobile* [L.] All.)
Chervil (*Anthriscus cerefolium* [L.] Hoffm.)
Mullein (*Verbascum densiflorum* Bertol.)
Coriander (*Coriandrum sativum* L.)
Caraway (*Carum carvi* L.)
Lavender (*Lavandula angustifolia* Mill.)
Lovage (*Levisticum officinale* W.D.J. Koch)
Dandelion (*Taraxacum officinale* Wiggers)
Marjoram (*Origanum majorana* L.)
Milk Thistle (*Silybum marianum* [L.] Gaertn.)
Melissa (*Melissa officinalis* L.)
Evening Primrose (*Oenothera biennis* L.)
Parsley (*Pastinaca sativa* L.)
Peppermint (*Mentha ×piperita* L.) and other *Mentha* species (*Mentha* spp.)
Pot Marigold (*Calendula officinalis* L.)
Rosemary (*Rosmarinus officinalis* L.)
Sage (*Salvia officinalis* L., *S. sclarea* L.)
Yarrow (*Achillea milfolium* L.)
Ribwort Plantain (*Plantago lanceolata* L.)
Thorn Apple (*Datura stramonium* L.)
Thyme (Thymus vulgaris L.)
Deadly Nightshade (Atropa bella-donna L.)
Wormwood (Artemisia absinthium L.)
Hyssop (Hyssopus officinalis L.)

3.2 Illustrations and descriptions of diseases and damage that can affect medicinal and aromatic plants

3.2.1 General section
Abiotic damage
Parasitic plants
Fungi
Animal pests
Bacterial diseases incl. phytoplasmoses
Viruses

3.2.2 Specialist section
Elecampane (Inula helenium L.)
Angelica (Angelica archangelica L.), Aniseed (Pimpinella anisum L.)
Valerian (Valeriana officinalis L.)
Sweet Basil (Ocimum basilicum L.), Blessed Thistle (Cnicus benedictus L.)
Mugwort (Artemisia vulgaris L.)
Fenugreek (Trigonella foenum-graecum L.), Sweet Trefoil (Trigonella caerulea [L.] Ser.), Melilot (Melilotus officinalis [L.] Lam. em. Thuill.)
Summer Savory (Satureja hortensis L., S. montana L.), Borage (Borago officinalis L.)
Dill (Anethum graveolens L.)
Oregano (Origanum vulgare L.), Moldavian Balm (Dracocephalum moldavica L.)
Marsh Mallow (Althaea officinalis L.) and Hollyhock species (Malva spp.)
Gentian (Gentiana lutea L.), Tarragon (Artemisia dracunculus L.)
Fennel (Foeniculum vulgare L.)
Foxglove (Digitalis purpurea L.), Grecian Foxglove (Digitalis lanata Ehrh.)
St. John's Wort (Hypericum perforatum L.)
German Chamomile (Matricaria recutita L.), Chamomile (Chamaemelum nobile [L.] All.)
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Coriander (Coriandrum sativum L.)
Caraway (Carum carvi L.)
Lavender (Lavandula angustifolia Mill.), Lovage (Levisticum officinale W. D. J. Koch)
Dandelion (Taraxacum officinale Wiggers)
Marjoram (Origanum majorana L.), Milk Thistle (Silybum marianum [L.] Gaertn.),
Thyme (Thymus vulgaris L.)
Melissa (Melissa officinalis L.)
Evening Primrose (Oenothera biennis L.)
Parsnip (Pastinaca sativa L.)
Peppermint (Mentha ×piperita L.) and other Mentha species (Mentha spp.)
Pot Marigold (Calendula officinalis L.)
Sage (Salvia officinalis L., S. sclarea L.)
Yarrow (Achillea millefolium L.)
Ribwort Plantain (Plantago lanceolata L.)
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Deadly Nightshade (Atropa bella-donna L.)
Wormwood (Artemisia absinthium L.)
Hyssop (Hyssopus officinalis L.)
Volume 4: Medicinal and Aromatic Plants A - K
800 pages, 56 authors, 48 monographs, 401 colour photographs, 73 graphics, 131 tables.
Published in 2012. ISBN 978-3-935971-62-1

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Contents:
Medicinal and aromatic plants A - K: monographs
  a. Use and ingredients
  b. Botany
  c. Climate and soil requirements
  d. Positions in crop rotation
  e. Species and origins
  f. Cultivation technology
  g. Harvest and after-harvest treatment
  h. Economics

Field Horsetail (Equisetum arvense L.)
Elecampane (Inula helenium L.)
Angelica (Angelica archangelica L.)
Aniseed (Pimpinella anisum L.)
Arnica (Arnica montana L.)
Arnica (Arnica chamissonis Less.)
Black Chokeberry (Aronia melanocarpa [Michx.] Elliott)
Artichoke (Cynara cardunculus L.)
Medicinal fennel (Foeniculum vulgare Mill. ssp. vulgare)
Valerian (Valeriana officinalis L.)
Wild Garlic (Allium ursinum L.)
Sweet Basil (Ocimum basilicum L.)
Candelabra Aloe (Aloe arborescens Mill.)
Mugwort (Artemisia vulgaris L.)
Comfrey (Symphytum officinale L.)
Blessed Thistle (Cnicus benedictus L.)
Summer Savory (Satureja hortensis L.), Winter Savory (S. montana L.)
Borage (Borago officinalis L.)
Nettle, Annual and Stinging (Urtica urens L., U. dioica L.)
Buckwheat (Fagopyrum esculentum Moench)
Flax (*Linum usitatissimum* L.)
Dill (*Anethum graveolens* L.)
Moldavian Balm (*Dracocephalum moldavica* L.)
Marsh Mallow (*Althaea officinalis* L.)
Verbena (*Verbena officinalis* L.)
Gentian (*Gentiana lutea* L.)
Tarragon (*Artemisia dracunculus* L.)
Foxglove (*Digitalis purpurea* L.)
Grecian Foxglove (*Digitalis lanata* Ehrh.)
Lady's Mantle, Common (*Alchemilla vulgaris* L.)
Cress (*Lepidium sativum* L.)
Salad Burnet (*Sanguisorba minor* Scop. ssp. *minor*)
Ginkgo (*Ginkgo biloba* L.)
Ginseng (*Panax ginseng* C.A. Meyer)
Goldenrod (*Solidago virgaurea* L.)
Hemp (*Cannabis sativa* L.)
Motherwort (*Leonurus cardiaca* L.)
Elderberry (*Sambucus nigra* L.)
Dog Rose (*Rosa canina* L.) and other species of wild rose (*R. sp.*)
St. John's Wort (*Hypericum perforatum* L.)
Chamomile (*Matricaria recutita* L.)
Chervil (*Anthriscus cerefolium* [L.] Hoffm.)
Garlic (*Allium sativum* L.)
Woolly Mullein (*Verbascum phlomoides* L.)
Coriander (*Coriandrum sativum* L.)
Cornflower (*Centaurea cyanus* L.)
Madder (*Rubia tinctorum* L.)
Caraway (*Carum carvi* L.)

**Volume 5: Medicinal and Aromatic Plants L - Z**

800 pages, 57 authors, 49 monographs, 345 colour photographs, 72 graphics, 143 tables.
Published in 2013. ISBN 978-3-935971-64-5

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Contents:
Medicinal and aromatic plants L - Z: monographs

a. Use and ingredients
b. Botany
c. Climate and soil requirements
d. Positions in crop rotation
e. Species and origins
f. Cultivation technology
g. Harvest and after-harvest treatment
h. Economics

Lavender (Lavandula angustifolia Mill.) and hybrid lavender (L. x intermedia Emeric ex Loisel)
Maral Root (Leuzea carthamoides DC.)
Lovage (Levisticum officinale W.D.J. Koch)
Common Scurvygrass (Cochlearia officinalis L.)
Dandelion (Taraxacum officinale sensu auct. non Wiggers)
Meadowsweet (Filipendula ulmaria [L.] Maximowicz)
Marjoram (Origanum majorana L.)
Hollyhock, French (Malva sylvestris L. ssp. sylvestris) and Mauritanian Mallow (Malva sylvestris L. ssp. mauritiana [L.] Aschers. et Graebn.)
Milk Thistle (Silybum marianum [L.] Gaertn.)
Horseradish (Armoracia rusticana Gottfr. Gaertn., B. Mey. et Scherb.)
Medicinal Rhubarb (Rheum palmatum L. and Rheum officinale Baill.)
Melissa (Melissa officinalis L.)
Opium Poppy (Papaver somniferum L.)
Monk's Pepper (Vitex agnus-castus L.)
Rye Ergot (Secale cornutum [Fries] Tulasne)
Evening Primrose (Oenothera biennis L.)
Styrian Pumpkin (Cucurbita pepo var. styriaca I. Greb., Cucurbita pepo L. var. oleifera Pietsch)
Oregano (Origanum vulgare L.)
Parsley (Petroselinum crispum (Mill.) Nyman ex A.W. Hill)
Peppermint (Mentha ×piperita L.)
Violet Willow (Salix daphnoides Vill.)
Common Tansy (Tanacetum vulgare L.)
Pot Marigold (Calendula officinalis L.)
Rye (Secale cereale L.)
Rosemary (Rosmarinus officinalis L.)
Sage (Salvia officinalis L.)
Sea Buckthorn (Hippophae rhamnoides L.)
Blue Fenugreek (Trigonella caerulea [L.] Ser.)
Yarrow (Achillea millefolium L.)
Cowslip (Primula veris L., P. elatior [L.] Hill.)
Chive (Allium schoenoprasum L.)
Greater Celandine (Chelidonium majus L.)
Black Cumin (Nigella sativa L.)
Mustard, White (Sinapis alba L.)
Ribwort Plantain (Plantago lanceolata L.)
Thorn Apple (Datura stramonium L.)
Mellilot (Melilotus officinalis [L.] Lam.)
White Mellilot (Melilotus albus Medic.)
Hollyhock (Alcea rosea [L.] Cav. var. nigra hort.)
Thyme (*Thymus vulgaris* L.)
Deadly Nightshade (*Atropa bella-donna* L.)
Jerusalem Artichoke (*Helianthus tuberosus* L.)
Woad (*Isatis tinctoria* L.)
Hawthorn (*Crataegus* spp.)
Wormwood (*Artemisia absinthium* L.)
Hyssop (*Hyssopus officinalis* L.)

a. Use and ingredients
b. Botany
c. Climate and soil requirements
d. Origins
e. Perspectives and notes on cultivation

Types of wild onion (*Allium* spec.)

**Thanks to**

Thanks go to all authors, experts and proof-readers for their outstanding voluntary dedication. Thanks also to the many sponsors of this work. Donations have been used solely for material costs such as hardware and software, typesetting and printing costs, as well as office materials. The drafting of volumes 1-5 has been financially supported by the following sponsors:

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